

Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
09:00 FUN- damentals	09:00 Barre	09:00 Pilates Start UP		09:00 Pilates Next Level	10:15 Pilates Next Level	09:00 Pilates Challenge
Jolanda	Zaddik	Ladin		Jolanda	Ladin	Jolanda
10:15 Pilates Special		10:15 Hatha Yoga			11:30 Vinyasa yoga	10:30 MELT
Jolanda		Margreet			Freija	Jolanda
18:30 Pilates Challenge		18:30 Pilates Special	19:30 Pilates Francais			
Jolanda		January	Corine			
19:45 Hatha Yoga	20:00 Pilates Challenge	20:00 Moderne Dans		20:00 Klassiek Ballet		
Margreet	Brenda	Mignon		Anouk		